

# Safeguarding Children and Adults

Safeguarding is a priority at Whitley House Surgery. Our Safeguarding Lead is Dr Hooper, but you can discuss safeguarding concerns with any member of our clinical team.

## Worried about a child, young person or vulnerable adult?

If you are concerned that a child, young person or vulnerable adult is being harmed or neglected or is at risk of this you should contact **Essex Social Care** on:

For concerns about vulnerable children: **0845 603 7627**

For concerns about vulnerable adults: **0845 603 7630**



Out of hours for either vulnerable children or adults:

(5.30pm - 9.00am Monday - Thursday, 4.30pm Friday - 9.00am Monday and Bank holidays)

- Tel: **0845 606 1212**
- Fax: **0300 123 0779** or **01206 851844**
- Email: **EmergencyDutyTeam.OutOfHours@essex.gov.uk**

**If there is an immediate risk of harm to a child or adult then contact the Police on 999**

## Alternative Organisations ...

### **AskSAL**

Phone: **08452 66 66 63**



Keeping adults safe across Essex

'SAL' stands for Safeguarding Adults Line.

[www.asksal.co.uk](http://www.asksal.co.uk)

You can AskSAL for anything from straightforward information and advice about the abuse and the safety of the more vulnerable adults in Essex; to the disclosure of a specific concern about your own safety of somebody that you know. Should you wish to report maltreatment of an adult in Essex they will take your concern seriously and ensure that it is investigated appropriately.

### **ChildLine**

Phone: **0800 1111**

[www.childline.org.uk](http://www.childline.org.uk)

ChildLine is a private and confidential service for children and young people up to the age of nineteen. You can contact a ChildLine counsellor about anything - no problem is too big or too small. Call free on 0800 1111, have a 1-2-1 chat online or send an email.

#### **How can I contact ChildLine?**

Call free on 0800 1111

1-2-1 chat (like instant messenger)

Send them an email

ChildLine message boards

Ask Sam (via the ChildLine website)



